



PATIENT INSTRUCTIONS FOLLOWING SCALING & ROOT PLANING

Following scaling and root planing, you can expect to notice less redness, less bleeding and less swelling of your gum tissue. Your mouth will taste better and feel better. Your gum health can then be maintained with proper homecare and regular professional care.

DISCOMFORT

Any discomfort should subside in a few hours, definitely within a few days.

TOOTH SENSITIVITY

Teeth may be sensitive to temperature changes and sweets. The sensitivity to temperature may be noticeable the first several days and usually diminishes quickly. Applications of desensitizing fluoride may be recommended.

BLEEDING

Some slight bleeding may occur during the next several brushings but bleeding will cease in a few days.

APPEARANCE

As the gums heal they may change their shape around the teeth. This is normal.