



Post-op Instructions – Crowns

Temporary Crowns

Temporaries are not strong. They may break or come off occasionally. To try to prevent this from happening, stay away from hard or sticky foods on the temporary. If it does come off, slip it back on the tooth and call us for an appointment to recement it. If you are unable to come into the office, the drug store may have cement for temporary crowns, or you may use a denture adhesive, such as Fixodent.

Care for temporary: Brush very well, but gently. When flossing, snap the floss down between the teeth then pull the floss out through the side.

The size, shape, and color of the temporary may not resemble the final restoration.

Temporary restorations may leak saliva or food onto the tooth. Sensitivity to hot, cold, pressure, or sweets is not uncommon. If you feel that the bite is not correctly balanced, please call for an appointment for a simple adjustment.

Permanent Crowns

After the final cementation of your crown, it may take a few days to get used to the new crown or bridge. Hot and cold sensitivity is possible for a few weeks and occasionally lasts for several months. A small percentage (approx. 6%) of crowned teeth will need root canal therapy. As with the temporary, if the bite does not feel balanced please call us.

Do not chew hard or sticky foods on the restoration for 24 hours from the time they were cemented. The cement must set up during this time to have optimal strength.

Proper brushing, flossing, and regular 6-month (minimum) cleanings are required to help you retain your final restoration. The common area that a crowned tooth can decay is at the edge of the crown at the gumline. With proper care, you can avoid this from occurring and avoid the need to make a new crown.