



Dear Patient:

You have been diagnosed with active periodontal disease and have been enrolled in our Non-Surgical Periodontal Disease Management Program. It is important that you actively participate in your treatment plan. Please read carefully, and follow the instructions below:

1. Please schedule and keep all therapeutic scaling/root planning appointments, and be sure to make your one month and three month re-evaluation appointments.
2. If given, please fill your Periostat prescription medication. Take one pill in the a.m. and one in the p.m. Continue taking your medication until the re-evaluation appointment, at which time we will determine if medication is still required. It is important that we keep accurate records of this treatment and ask you to phone the office after filling your prescription.
3. Rinse with .12% chlorhexidine gluconate. Measure 15ml and swish 30 seconds and expectorate. Use twice daily, after breakfast and before bedtime. Use until gone. You will change to Breath Rx at the one month recall.
4. Please read all supportive literature enclosed. For the success of your treatment, you must understand periodontal disease, the management of this disease, and its link to systemic diseases if left untreated.
5. Follow all home care instructions to the best of your ability. **Home care plays a vital role** in controlling the bacteria which initiates your body's destructive response and the progress of periodontal disease.

If you have any questions regarding our Disease Management Program, please contact our office.

Thank you.